

July 2010

Dallas Day School Breakfast/Snack

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
				1 Cheese Toast, Fruit, Milk <u>Snack</u> Cheese -it, Juice	2 SCHOOL CLOSED	3
4	5 Cheerios, Fruit, Milk <u>Snack</u> Vanilla wafers, Milk	6 Waffles w/Syrup, Fruit, Milk <u>Snack</u> Goldfish/ Juice	7 Breakfast Bar, Fruit, Milk <u>Snack</u> CheeseN'crackers, Juice	8 Biscuits w/ Eggs, Fruit, Milk <u>Snack</u> Chex- Mix , Juice	9 Cornflakes W/Fruit, Milk <u>Snack</u> Oatmeal Cookies	10
11	12 Cheerios, Fruit, Milk <u>Snack</u> Goldfish, Juice	13 Yogurt, Fruit, Milk <u>Snack</u> Pizza rolls, Juice	14 Cinnamon Roll, Fruit, Milk <u>Snack</u> Cookies w/milk	15 Cinnamon Toast, Fruit, Milk <u>Snack</u> Fruit cocktail, Juice	16 Dry Cereal, Fruit, Milk <u>Snack</u> Rice Crispy	17
18	19 Cereal, Fresh fruit, Milk <u>Snack</u> Vanilla wafers, Milk	20 Hash browns, Fruit, Milk <u>Snack</u> Chex Mix/ Juice	21 Biscuits w/Eggs, Fruit, Milk <u>Snack</u> Goldfish, Juice	22 Breakfast Bar, milk, Fruit <u>Snack</u> Graham Crackers, Milk	23 Cheerios, Fruit, milk <u>Snack</u> CheeseN'Crackers, Juice	24
25	26 Cheerios, Milk, Fruit <u>Snack</u> Chocolate Chip cookies, Milk	27 Yogurt, fruit, milk <u>Snack</u> Cereal, Milk	28 Waffles w/Syrup, Fruit, Milk <u>Snack</u> Graham Crackers, Milk	29 Toast, Eggs, Milk <u>Snack</u> Animal Crackers, Milk	30 Cornflakes W/Fruit, Milk <u>Snack</u> Goldfish, Juice	31

July 2010

Dallas Day School Lunch

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
				1 Goulash, Green Beans, Bread, Milk	2 SCHOOL CLOSED	3
4	5 Steak Fingers, Sweet Peas, Fruit Milk	6 Mac'n Cheese Green Beans, Bread, Fruit, Milk	7 Meatloaf, Mash Potatoes, Fruit, Milk	8 Marinara Meat Sauce, Spaghetti, Broccoli, Fruit, Milk	9 Cheese Pizza, Corn, Fruit, Milk	10
11	12 Meatballs, Scalloped Potatoes, Fruit, Milk	13 Spaghetti, Green Beans, Fruit, Bread, Milk	14 Chicken W/Rice, Green Beans, Bread, Milk	15 Sloppy Joe, Tator Tots, Fruit, Milk	16 Tuna Sandwich, Steamed Broccoli, Fruit, Milk	17
18	19 Fish Stick, Carrots, Fruit, Milk	20 Grilled Cheese, Mix Vegetable, Fruit, Milk	21 Mac N'Cheese, Green Beans, Bread, Fruit	22 Chicken Nuggets, Broccoli W/ Cheese, Fruit, Milk	23 Cheeseburgers, Fries, Fruit	24
25	26 Turkey Corndogs, French Fries, Fruit, Milk	27 Bar-B-Q Chicken, Pinto Bean, Corn bread, Milk	28 Turkey Taco, Spanish Rice, Beans, Milk	29 Steak Fingers, Potatoes, Fruit, Milk	30 Turkey Sandwiches, Carrots, Fruit, Milk	31